

Variable	Mean	SD	Min	Max
Age	38.5	12.5	18	65
Gender	0.5	0.5	0	1
Marital status	0.7	0.5	0	1
Education	12.5	2.5	9	16
Income	1500	500	500	3000
Health status	0.8	0.4	0	1
Stress level	3.5	1.5	1	5
Life satisfaction	4.2	1.2	1	5
Work-life balance	3.8	1.0	1	5
Family support	4.5	1.0	1	5
Community support	4.0	1.0	1	5
Healthcare access	4.8	0.8	1	5
Quality of life	4.5	1.0	1	5
Overall well-being	4.3	1.1	1	5